









LUNCH MENU November 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				<input type="checkbox"/> Roasted chicken ,peas & carrots, mashed potatoes, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	1  PIZZA FRIDAY 2
WEEK 2	5 <input type="checkbox"/> Shell pasta, beef aldente, tomato sauce, carrots, fruit & bread <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	6 <input type="checkbox"/> Teriyaki Chicken, Quinoa rice, black beans, fruits <input type="checkbox"/> Chicken nuggets & fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	7 <input type="checkbox"/> Beef & potatoes, basmati rice, fava beans, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	8 <input type="checkbox"/> Thai chicken, mashed potatoes, beets & peas, bread & fruits <input type="checkbox"/> Chicken nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	9  PIZZA FRIDAY 9
WEEK 3	12 <input type="checkbox"/> Baked ziti pasta ,alfredo sauce, chicken tenders ,veggies ,bread & fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	13 <input type="checkbox"/> Ground beef, veggie rice ,plantains ,fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	14 <input type="checkbox"/> Grilled chicken ,mashed potatoes, corn, sweet peas,, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	15 <input type="checkbox"/> Roasted turkey, baked tater tots ,baked beans bread & fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	16  PIZZA FRIDAY 16
WEEK 4	19 <input type="checkbox"/> Toddlers & VPK- Slow roasted turkey, mashed potatoes, traditional stuffing, sweet corn, fresh fruits. <input type="checkbox"/> Macaroni alfredo, broiled chicken, green beans, fruits & bread or chicken nuggets	20 <input type="checkbox"/> Wobblers & Preschool- Slow roasted turkey, mashed potatoes, traditional stuffing, sweet corn, fresh fruits. <input type="checkbox"/> Tuscan turkey, white rice, sweet peas, bread & fruits or chicken nuggets	21 <input type="checkbox"/> Chicken thighs, potatoes, mixed veggies, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	22 	23 
WEEK 5	26 <input type="checkbox"/> Chicken Paella, Pinto beans, bread & fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	27 <input type="checkbox"/> Meatballs, mashed potatoes, red bean, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits. <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	28 <input type="checkbox"/> Chicken breast, veggies rice, carrots, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	29 <input type="checkbox"/> Four cheese pasta, ricotta cheese ,green beans, bread & fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	30  PIZZA FRIDAY 30

NAME

CLASSROOM