



# LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<b>WHAT'S FOR LUNCH?</b> 		<b>1</b> <input type="checkbox"/> Penne Pasta, beef marinara, veggie medley, wheat bread, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>2</b> <input type="checkbox"/> Mozzarella meatballs, rice & beans, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>3</b>  <b>PIZZA FRIDAY</b>
	WEEK 2	<b>6</b> <input type="checkbox"/> Baked ziti pasta, turkey marinara, sweet peas, wheat bread, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>7</b> <input type="checkbox"/> Ground beef, white rice, red beans, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>8</b> <input type="checkbox"/> Grilled chicken, mashed potatoes, sweet corn, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>9</b> <input type="checkbox"/> Penne Pasta, beef marinara, veggie medley, wheat bread, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water
WEEK 3		<b>13</b> <input type="checkbox"/> Mac & Beef, cheddar béchamel, seasonal veggies, wheat bread <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>14</b> <input type="checkbox"/> Chicken paella, veggie medley, wheat bread, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>15</b> <input type="checkbox"/> Bowtie pasta, pink sauce, turkey, seasonal veggies, wheat bread <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>16</b> <input type="checkbox"/> Chicken teriyaki, mashed potatoes, peas & carrots, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water
	WEEK 4	<b>20</b> <input type="checkbox"/> Spaghetti, beef bolognese, seasonal veggies, bread & fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>21</b> <input type="checkbox"/> Baked chicken, mashed potatoes, baked beans, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>22</b> <input type="checkbox"/> Meatballs, black beans, brown rice, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>23</b> <input type="checkbox"/> Mac & chicken, green beans, wheat bread, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water
WEEK 5		<b>27</b> 	<b>28</b> <input type="checkbox"/> Thai chicken, yellow rice, vegetable medley, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>29</b> <input type="checkbox"/> Ground beef, quinoa rice, green beans, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	<b>30</b> <input type="checkbox"/> Rotini pasta, chicken breast, wheat bread, alfredo sauce, fresh fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk or Water

NAME \_\_\_\_\_

CLASSROOM \_\_\_\_\_