



JUNE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	3 <input type="checkbox"/> Lasagna, beef béchamel, pink sauce, wheat bread, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit. <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	4 <input type="checkbox"/> Grilled chicken, rice & quinoa, green beans, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	5 <input type="checkbox"/> Ground turkey, yellow rice, black beans, beans, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	6 <input type="checkbox"/> Chicken breast, mashed potatoe, sweet peas, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	7  PIZZA FRIDAY
WEEK 2	10 <input type="checkbox"/> Rigatoni pasta, beef bolognaise, normady veggies, wheat bread, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	11 <input type="checkbox"/> Lean turkey, brown rice, pinto beans, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	12 <input type="checkbox"/> BBQ Chicken, mashed potatoes, sweet corn, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	13 <input type="checkbox"/> Meatballs, yellow rice, black beans, fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	14  PIZZA FRIDAY
WEEK 3	17 <input type="checkbox"/> Shell pasta, salsa Pomodoro, ground beef, veggies, wheat bread, fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	18 <input type="checkbox"/> Mojo chicken, yellow rice, plantains, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	19 <input type="checkbox"/> Chicken & beef meatballs, rice, Black beans, wheat bread <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	20 <input type="checkbox"/> Roasted chicken, mashed potatoes, baked beans, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	21  PIZZA FRIDAY
WEEK 4	24 <input type="checkbox"/> Mac & chicken, béchamel cheddar, seasonal veggies, bread & fruits <input type="checkbox"/> Chicken Nuggets & Fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	25 <input type="checkbox"/> Ground beef, basmati rice, garbanzo beans, fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	26 <input type="checkbox"/> Chicken paella, peas & carrots, wheat bread, fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	27 <input type="checkbox"/> Cheese pasta, pink sauce, mozzarella, wheat bread, fresh fruits <input type="checkbox"/> Chicken Nuggets & Fresh Fruit <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR <input type="checkbox"/> Water	28  PIZZA FRIDAY
WEEK 5					

NAME _____

CLASSROOM _____