



LUNCH MENU December 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	3 <input type="checkbox"/> Beef Lasagna, sauteed veggies, bread, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	4 <input type="checkbox"/> Light BBQ Chicken, rice, beans, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	5 <input type="checkbox"/> Ground beef, veggie rice, peas, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	6 <input type="checkbox"/> Chicken meatballs, mashed potatoes, sweet corn, bread, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	7  PIZZA FRIDAY
	10 <input type="checkbox"/> 3 Cheese pasta, pink sauce, ricotta cheese, beans, bread & fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	11 <input type="checkbox"/> Chicken paella, veggies medly, bread, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	12 <input type="checkbox"/> Ground turkey, baked beans, white rice, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	13 <input type="checkbox"/> Grilled chicken, mashed potatoes, carrots, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	14  PIZZA FRIDAY
WEEK 2	17 <input type="checkbox"/> Mac & cheese, chicken tenders, peas & carrots, bread, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	18 <input type="checkbox"/> Ground beef, basmati rice, garbanzos, fruits, bread <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	19 <input type="checkbox"/> Meatballs, mashed potatoes, peas, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	20 <input type="checkbox"/> Broiled chicken, coucous, beets, peas, bread, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	21  PIZZA FRIDAY
	24 <input type="checkbox"/> Penne Pasta, beef marinara, zucchini, bread, fruits <input type="checkbox"/> Chicken nuggets & fresh Fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	25 	26 <input type="checkbox"/> Baked chicken, rice, black beans, carrots, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	27 <input type="checkbox"/> Ground beef, yellow rice, beans, fruits <input type="checkbox"/> Chicken nuggets & fresh fruits <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water	28  PIZZA FRIDAY
WEEK 3	31 <input type="checkbox"/> Cheese tortellini, pink marinara, sauce, Normandy veggies, bread, fruits <input type="checkbox"/> Chicken nuggets & fresh <input type="checkbox"/> Alternative <input type="checkbox"/> Milk OR Water				

NAME _____

CLASSROOM _____